

# Week 1

**WEEK BEGINING:** 26th Aug / 9th Sept / 23rd Sept / 7th Oct / 21st Oct / 4th Nov / 18th Nov / 2nd Dec / 16th Dec

OPTION	Monday	Tuesday	Wednesday	Thursday	Friday
1	Breaded chicken breast pieces with potato cubes and veg.	BBQ chicken wings with roasted veg and garlic potatoes	Pizza Ciabatta with Pepporani and Mixed Pepper	Pasta Carbonara	Sausage roll
	Contains: sulphates, dairy, wheat	Contains: celery, dairy	Contains: Wheat, Gluten, Dairy and Sulphates	Contains: Sulphates, dairy, Celery	Contains: wheat, sulphates,
2	Mild chicken & vegetable curry with steamed rice	Mediterranean meatballs and pasta	Ciabatta cajun chicken and mixed pepper	Beef Casserole and mash potatoes	Chicken goujon roll
	Contains: Sulphates	Contains: Sulphates and Gluten	Contains: Wheat, Gluten, Dairy and Sulphates	Contains: Sulphates, dairy, Celery	Contains: sulphates, wheat, dairy
3	Vegetable Briyani	Mediterranean Chick Pea	Vegetable Ciabatta	Baked Potato and Beans	Vege pizza Ciabatta
	Contains: Sulphates	Contains: gluten, celery, dairy	Contains: Wheat, Gluten, Dairy and Sulphates	Contains: celery	Contains: wheat, Dairy

# Week 2

**WEEK BEGINING:** 2nd Sept / 16th Sept / 30th Sept / 14th Oct / 11th Nov / 25th Nov / 9th Dec

OPTION	Monday	Tuesday	Wednesday	Thursday	Friday
1	Grilled pork sausage with gravy, mashed potatoes and veg	Mexican Burrito	Pizza Ciabatta with Pepporani and Mixed Pepper	Roast beef/ ham/ chicken (rotating) with veg and Potatoes	Sausage roll
	Contains: gluten, sulphites	Contains: celery, gluten	Contains: Wheat, Gluten, Dairy and Sulphates	Contains: Dairy	Contains: wheat, sulphates,
2	Breaded chicken breast pieces with wedges and veg.	Mild chicken & vegetable curry with steamed rice	Ciabatta cajun chicken and mixed pepper	Beef and vegetable lasagna with baby potatoes	Chicken goujon roll
	Contains: Sulphates, dairy and gluten	Contains: celery, Sulphites	Contains: Wheat, Gluten, Dairy and Sulphates	Contains: celery dairy and wheat	Contains: sulphates, wheat, dairy
3	Mac n Cheese with cauliflower	Vegetable Korma with steamed rice	Vegetable Ciabatta	Mediterranean vegetable Lasagne	Vege pizza Chibatta
	Contains: celery	Contains: celery, dairy	Contains: Wheat, Gluten, Dairy and Sulphates	Contains: celery, dairy, wheat	Contains: wheat, Dairy

If your child suffers from any intolerance or allergy issues please submit the form which was sent out by text message to all parents. Thank you.



Boyne Community School  
www.boynecs.ie

our Beef is 100% Irish Origin

