Non-Violence Resistance Programme for parents

Create calmer home environment for you and your child

Are you struggling to cope with your child's agressive behaviours?

Identify what's the problem

Break silence and stigma that surrounds child to parent violence

Learn skills on how to de-escalate conflict between you and your child



LOCATION: Trim Family Resource Centre at the Bungalow, CI5 FC03 DATE: 21st February to 24th April 2024 (no sessions during Easter holidays) CONTACT: 046 9438850 or info@trimfrc.ie