

# Week 1

**WEEK BEGINING:** 28th Aug / 11th Sept / 25th Sept / 9th Oct / 23rd Oct / 13th Nov / 27th Nov / 11th Dec

| OPTION | Monday   | Tuesday                         | Wednesday                                    | Thursday   | Friday                            |
|--------|--|---------------------------------|--|--|-----------------------------------|
| 1      | Grilled beef burger, peppered sauce with roast potatoes and seasoned veg | Pasta Bolognese                 | Pizza Roll                                   | Grilled Pork sausages with mashed potato, peas and onion gravy | Sausage roll                      |
|        | Contains: sulphates, dairy, wheat  | Contains: celery, dairy         | Contains: Wheat, Gluten, Dairy and Sulphates | Contains: Sulphates, dairy, Celery                             | Contains: wheat, sulphates,       |
| 2      | Mild chicken & vegetable curry with steamed rice                         | Chicken Gougons and Wedges      | Ciabatta cajun chicken roll                  | Chicken and vegetable rice with curry sauce                    | Chicken goujon roll               |
|        | Contains: Sulphates  | Contains: Sulphates, Dairy      | Contains: Wheat, Gluten, Dairy and Sulphates | Contains: Sulphates, dairy, Celery                             | Contains: sulphates, wheat, dairy |
| 3      | Vegetable Briyani  | Mediterranean Chick Pea         | Vegetable Ciabatta                           | Vegetarian Korma with rice                                     | Vege pizza Ciabatta               |
|        | Contains: Sulphates  | Contains: gluten, celery, dairy | Contains: Wheat, Gluten, Dairy and Sulphates | Contains: celery   | Contains: wheat, Dairy            |

# Week 2

**WEEK BEGINING:** 4th Sept / 18th Sept / 2nd Oct / 16th Oct / 6th Nov / 20th Nov / 4th Dec / 18th Dec

| OPTION | Monday                             | Tuesday  | Wednesday                                    | Thursday  | Friday                            |
|--------|------------------------------------|--|--|---|-----------------------------------|
| 1      | Tomato and Basil Pasta             | Mexican Burrito                                  | Pizza Roll                                   | Roast beef/ ham/ chicken (rotating) with veg and Potatoes | Sausage roll                      |
|        | Contains: gluten                   | Contains: celery, gluten                         | Contains: Wheat, Gluten, Dairy and Sulphates | Contains: Dairy   | Contains: wheat, sulphates,       |
| 2      | Chicken Gougons and roast potatoes | Mild chicken & vegetable curry with steamed rice | Ciabatta cajun chicken roll                  | Lasagna and wedges  | Chicken goujon roll               |
|        | Contains: Sulphates, dairy,        | Contains: celery, Sulphates                      | Contains: Wheat, Gluten, Dairy and Sulphates | Contains: celery, Wheat                                   | Contains: sulphates, wheat, dairy |
| 3      | Vegetable Korma with steamed rice  | Mac n Cheese with cauliflower                    | Vegetable Ciabatta                           | Mediterranean vegetable Lasagne                           | Vege pizza Chibatta               |
|        | Contains: celery                   | Contains: celery, dairy                          | Contains: Wheat, Gluten, Dairy and Sulphates | Contains: celery, dairy, wheat                            | Contains: wheat, Dairy            |



Boyne Community School  
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**All our Beef is 100% Irish Origin**