



Boyne Community School  
www.boynecs.ie

# OUR 2 WEEK ROLLING MENU



	<b>Week 1</b>				<b>Week Beginning:</b> 29 <sup>th</sup> Aug / 12 <sup>th</sup> Sept / 26 <sup>th</sup> Sept / 10 <sup>th</sup> October / 24 <sup>th</sup> October / 14 <sup>th</sup> Nov / 28 <sup>th</sup> Nov / 12 <sup>th</sup> Dec
<b>OPTION</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>	Mild chicken & vegetable curry with steamed rice  Contains: celery sulphates	Grilled Pork sausages with mashed potato, peas and onion gravy  Contains: celery, dairy, sulphites	Pizza roll  Contains: wheat, gluten, sulphites	Grilled beef burger with roast potato and Seasonal vegetables & Gravy  Contains: celery, dairy	Sausage roll  Contains: wheat, sulphates,
<b>2</b>	Chicken Gougons and Wedges  Contains: wheat,	Chicken and Ham Carbonara  Contains: celery,	Mexican Burrito  Contains: gluten, sulphates, wheat	Chicken, rice with curry sauce  Contains: celery, sulphates	Chicken goujon roll  Contains: sulphates, wheat, dairy
<b>3</b> <b>VEG</b>	Vegetable noodles  Contains: wheat, gluten	Mexican vegetable and rice burrito  Contains: gluten, celery, dairy	Vegetable Burrito  Contains: wheat	Baked potato with cheese and onions  Contains: celery	Vege pizza Chibatta  Contains: wheat,



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# OUR 2 WEEK ROLLING MENU



	<b>Week 2</b>				<b>Week Beginging:</b> 5 <sup>th</sup> Sept / 19 <sup>th</sup> Sept / 3 <sup>rd</sup> October / 17 <sup>th</sup> October / 7 <sup>th</sup> Nov / 21 <sup>st</sup> Nov / 5 <sup>th</sup> Dec / 2 <sup>nd</sup> Dec	
<b>OPTION</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
<b>1</b>	Sausages and wedges and peas  Contains: gluten, sulphites	Tomato and Basil Pasta  Contains: celery, gluten	Chicken goujon & Vegetable spice bag.  Contains: celery, dairy	Roast beef with veg and Potatoes  Contains: celery	Sausage roll  Contains: wheat, sulphates,	
<b>2</b>	Chicken Curry with rice  Contains: celery, dairy,	Chicken goujon Cajun roast potatoes  Contains: celery, wheat	Mexican Burrito  Contains: celery, dairy, wheat	Lasagna and wedges  Contains: celery,	Chicken goujon roll  Contains: sulphates, wheat, dairy	
<b>3 VEG</b>	Vegetable Korma with steamed rice  Contains: celery, gluten, dairy	Mac n Cheese with cauliflower  Contains: celery, dairy	Vegetarian Burrito  Contains: celery, egg, sulphates	Vegetable carbonara with smoked cheese  Contains: celery, dairy, wheat	Vege pizza Chibatta  Contains: wheat,	